

# PHOENIX JUNIOR ACADEMY



## Newsletter

Values are principles that guide our thinking and our behaviour.

“Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny.”

Mahatma Gandhi

Sometimes we need someone to simply be there... Not to fix anything or do anything in particular, but just to let us feel we are supported and cared about



### Love Champions—February 2016

A big well done to the following children who were our role models for Love during the month of February:

- 3B Agata Lincika
- 3W Fearne Evans
- 4B Sonny McDonagh
- 4W Lola Austen
- 5B Sophia Horvathova
- 5L Liam Mullane
- 5R Shay Hammell
- 6B Jessica Kambalame
- 6D Pamela Gujdova
- 6F Katelyn Medhurst

Staff Role Model:  
Mr Lowes



## Our Value for March is

# CARING



### Caring

Grief and trouble, anxiety and wee  
 These are the things that are hard to go.  
 But, someone cares along the way  
 So don't despair, just for today.  
 Time will ease the troubled mind, there could be  
 peace that you will find  
 If not today, do not give up  
 It may take time, enjoy each sup  
 Of pleasure that may be right there  
 If you care enough to share.  
 A smile, kind word, to others who  
 May be in the same position as you,  
 If we can bring a little cheer,  
 To each other, ease all fear.  
 We will feel much more at ease  
 And on life, have a new lease.

**"HOW YOU  
MAKE OTHERS  
FEEL ABOUT  
THEMSELVES,  
SAYS A LOT  
ABOUT YOU."**